

# Evaluation worksheet

## How I felt at these times:

Mon am \_\_\_\_\_

Mon pm \_\_\_\_\_

Tues am \_\_\_\_\_

Tues pm \_\_\_\_\_

Wed am \_\_\_\_\_

Wed pm \_\_\_\_\_

Thurs am \_\_\_\_\_

Thurs pm \_\_\_\_\_

Fri am \_\_\_\_\_

Fri pm \_\_\_\_\_

Most productive day: \_\_\_\_\_

Least productive day: \_\_\_\_\_

Most creative day: \_\_\_\_\_

Least creative day: \_\_\_\_\_

Other important days/times:  
\_\_\_\_\_

My biggest achievements:

1.

2.

3.

This worked well

Because

This didn't work well

Because

Ideas box