

Evaluation worksheet

How I felt at these times:

Mon am _____

Mon pm _____

Tues am _____

Tues pm _____

Wed am _____

Wed pm _____

Thurs am _____

Thurs pm _____

Fri am _____

Fri pm _____

Most productive day: _____

Least productive day: _____

Most creative day: _____

Least creative day: _____

Other important days/times:

My biggest achievements:

1.

2.

3.

This worked well

Because

This didn't work well

Because

Ideas box